

Coventry Senior Center January 2020

Mon	Tue	Wed	Thu	Fri
<p>KEY (*) = New Activities. For more details/information refer to the reverse side of this calendar. Green = Change</p>		<p>1 CLOSED New Years Day</p>	<p>2 Fitness 9:30 AM Mahjongg 9:00 AM Setback 1 PM Zumba Gold 5:15 PM</p>	<p>3 Wii Bowling 9:30 AM Quilting 9:30 AM</p>
<p>6 Chair Yoga 10 AM</p>	<p>7 Fitness 9:30 AM Folk Music 10:30 AM Bingo 1 PM</p>	<p>8 Wii Bowling 9:30 AM Luncheon at noon Book Club 1 PM YOGA 3 PM</p>	<p>9 Fitness 9:30 AM Mahjongg 9:00 AM Setback 1 PM Massage Appts. -Lounge Closed 12-5pm Zumba Gold 5:15 PM</p>	<p>10 Wii Bowling 9:30 AM Quilting 9:30 AM</p>
<p>13 Hair/Nail Appts. Chair Yoga 10 AM</p>	<p>14 Fitness 9:30 AM Folk Music 10:30 AM Bingo 1 PM</p>	<p>15 Wii Bowling 9:30 AM Massage Appts. Lounge Closed 11:30 AM--2 PM YOGA 3 PM</p>	<p>16 Fitness 9:30 AM Mahjongg 9:00 AM Setback 1 PM Movie 1 PM Zumba Gold 5:15 PM</p>	<p>17 Wii Bowling 9:30 AM Quilting 9:30 AM</p>
<p>20 CLOSED Martin Luther King Jr. Day</p>	<p>21 Fitness 9:30 AM Folk Music 10:30 AM Bingo 1 PM</p>	<p>22 Wii Bowling 9:30 AM Ask the Nurse 11 AM Luncheon at noon Bruce John at 12:30 YOGA 3 PM</p>	<p>23 Fitness 9:30 AM Mahjongg 9:00 AM Setback 1 PM Zumba Gold 5:15 PM</p>	<p>24 Wii Bowling 9:30 AM Quilting 9:30 AM</p>
<p>27 Chair Yoga 10 AM Tech Monday 10 AM</p>	<p>28 Fitness 9:30 AM Folk Music 10:30 AM Bingo 1 PM</p>	<p>29 Wii Bowling 9:30 AM *Jewelry Making with Cheryl 10 AM YOGA 3 PM</p>	<p>30 Fitness 9:30 AM Mahjongg 9:00 AM Setback 1 PM Zumba Gold 5:15 PM</p>	<p>31 Wii Bowling 9:30 AM Quilting 9:30 AM</p>